

GA-4-DMAT PACKING LIST

24-HOUR PACK

- Wallet
- IDs
- Shot card
- Cash
- Gov credit card
- Reg credit card
- Watch
- GPS
- Spare glasses
- Change of clothes
- Sunglasses
- Tilley hat
- Jungle bag (light weight sleeping bag with mosquito netting from Snugpak)
- Bug net
- Bug spray
- iPhone/smartphone with pfd manuals and contacts, compass, charging cables, solar charger/pack or panel (if you have one)Windup weather/regular radio
- Windup light
- Gerber/Leatherman
- Whistle
- Mirror or metal reflector
- Gloves
- Lighter
- Soap

- Toothbrush
- Collapsible cup
- Towel
- Plastic bags
- First aid kit (snake bite kit and alcohol packets, bandages, etc.)
- Rain gear
- Cliff bars
- Protein vials
- Medications needed (for 7-10 days)
- 32+ oz. water

LONGER

- Extra food items
- Laundry packets
- Quarters
- Sunscreen
- Babywipes

DEPENDING ON CLIMATE

- Shorts and t-shirt
- Cold weather clothing
- Knit hat
- Regular sleeping bag